

Safe Cycling

by Chung Tin Oi, Ella

Last week, Ken and Sam went cycling in a country park. Before they started, Sam put a helmet on his head because he wanted to be safe. On the contrary, Ken felt uncomfortable wearing a helmet so he took it off.

Then they rode bicycles together. Suddenly, a dog and a cat rushed out in front of them. They began to lose balance. They were very scared.

Oh no! Ken's head hit on a stone. He cried loudly. Fortunately Sam had a helmet on so it was just a minor injury for him. They still felt painful and did not know what to do. Someone on the road saw the whole accident and called the police.

Ken's parents knew it and they rushed to the hospital. 'You should wear a helmet when you go cycling,' they told Ken. Ken was so regretful.

This story tells us that we must wear a helmet when we ride a bicycle, otherwise, we will get hurt easily.

